



Throstle Nest RDA Group

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Registered Charity No. 1073620

Throstle Nest riding for the disabled group are a charity providing riding, horse care and educational programs for children and adults with physical, emotional and learning disabilities. We very proudly received funding from the Snowball Charity which has provided 12 of our riders with an educational program forming part of the National Curriculum.



Some of our riders either have to be home schooled or require time out of school to participate in therapeutic days within Throstle Nest due to their mental health and social emotional needs. Not every disability is visible and the funding to support the Working Towards Independence program has proven to be extremely beneficial to those with social emotional and cognitive difficulties. The Equestrian Centre gives these riders a safe base where they feel comfortable with others to read and write about their experiences and new skills working with ponies.

Most students started without the confidence to write or create work in front of their peers, but are now working together within our classroom to produce exceptional work. This has helped hugely in building their self esteem and confidence within group situations, as well as supporting their

cognitive development where they would otherwise fall further behind.



We are looking forward to all candidates completing their workbooks and receiving their certificates. We cannot thank the Snowball Charity enough for making this possible for those children who could have been left behind.

The pieces of artwork were created by some of our RDA participants who entered a regional competition.